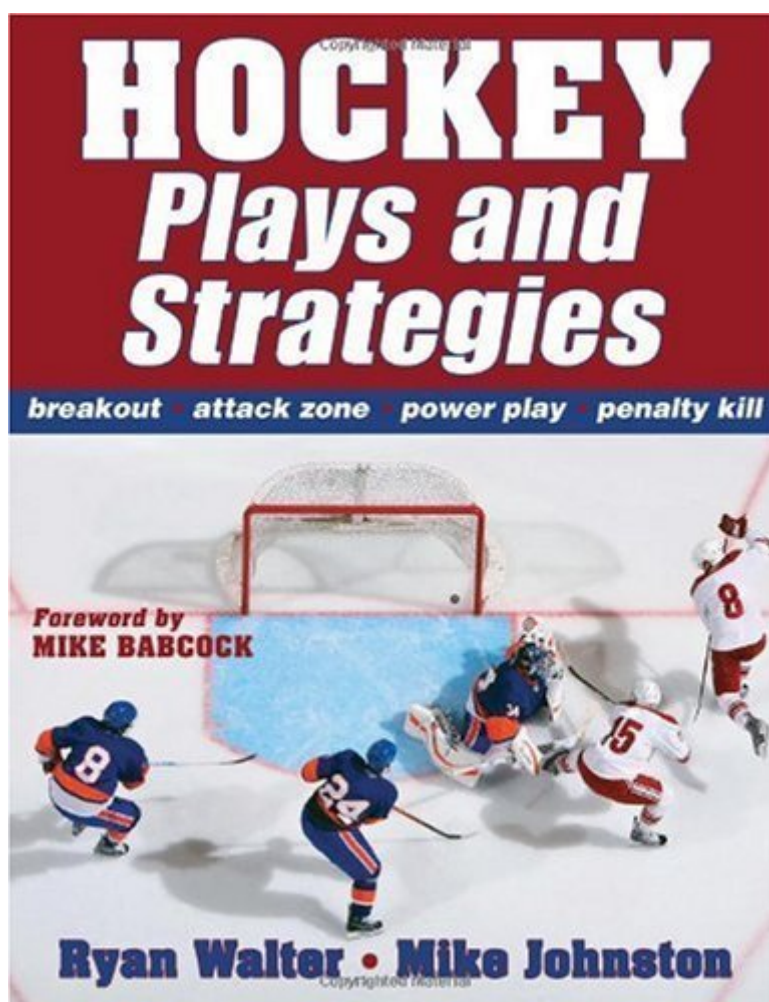


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Hockey Plays And Strategies



Synopsis

Carve out a spot on your bench, and in your library, for hockey's most comprehensive playbook. Hockey Plays and Strategies presents all of the popular offensive, defensive, and special teams systems used in today's game, as well as tactical advice on making in-game adjustments and player match-ups at every level of play. Veteran coaches Ryan Walter and Mike Johnston share more than 160 plays, systems, and strategies to control the ice and light up the net. In this one-of-a-kind guide, you'll learn these skills: Puck movement within the neutral zone to set up for attack zone entry and scoring chances on the rushCapitalizing on all odd-man rush scoring chances and shutting down the opposition's opportunitiesExecuting lock-down defensive play in all zones to eliminate good scoring chances and shots on goalMore than 25 power play systems for both the one-man and two-man advantage to keep the defense off balance and produce more scoring chancesPenalty kill strategies that will stymie any attack and routinely clear the zoneControlling the puck and breaking up the opposition's play with aggressive forechecking and backchecking strategiesControlling the game with top-notch game management tips on line pairings and changes, key momentum changers, and many more in-game adjustments to keep your opponents on their heels throughout the gameWhether you're an experienced coach or taking the coaching reigns for the first time, Hockey Plays and Strategies will guide smart, consistent, and winning play.

Book Information

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Customer Reviews

My name is Jeremy, I run the hockey training blog howtohockey.com. I am always looking to expand my knowledge of the game of hockey and pass on what I know to the readers of my blog. This book was perfect to refresh some of the concepts I know and introduce a lot of new ones. I would recommend this book to every coach, and any player who wants to expand their knowledge of plays, strategy and positioning. The only problem is once you know this stuff you might get frustrated when your team mates are always in the wrong spot and making the wrong plays :)

I have to agree with the other 2 reviewers. I have read practically every hockey coaching/drill book and watched nearly every video out there, and this one is in a class all by itself. This book has plenty of diagrams, but also the detailed explanation that is lacking in drill books. Other books tell you how to run the drill. This book does that too, but also focuses on the subtler teaching points. This book explains what you are trying to do (e.g. having the second forward drive in hard splitting the defenders and isolating one to create a 2-on-1) and why it works. I wish I would have had this book 10 years ago.

For years I have been searching for a book that goes beyond simple charts; arrows directing players without much explanation on why? Most books will describe the general concept of the play but provide little insight for each individual position. Being a right winger, I always found myself asking how would I read the play and choose the right course of action; read and react. Hockey plays and strategies is the first book I have found that effectively combines play diagrams with reading and reacting for each individual position. As a beer leaguer, I just wanted a book that could help me understand the subtle nuances of the game so I am grateful that Ryan Walter and Mike Johnstone decided to write this book and hope that there will be more in the future. Another great book for technique is power skating by Laura Stamm...

I've been having my Pee Wee hockey playing son read a chapter every week before his game and saw an immediate improvement after one chapter. He's a defenseman and his current coach doesn't spend enough time teaching tactics and strategy. He now teaching his teammates the techniques he's picked up from the book. The book has a nice combination of text and diagrams, so even if their comprehension or attention span is limited, the pictures reinforce and simplify the

verbiage.

I play adult hockey, but played as a kid so had an idea about the basics. However, if you want to get a better grasp of the game even if its just to understand whats happening in the NHL on tv then buy this book. My game has improved and am having more fun than ever.

I picked this book up as someone who is just getting into adult recreational league hockey. Having been a fan of the NHL for the past 20 years, most of the terminology was familiar to me, but the book should be quite approachable for anyone. Even if you have no plans in coaching, I think you can benefit from the concepts and ideas which will provide you with a general overview of how hockey players are distributed and their offensive/defensive roles. In my experience, drop-in and novice league play aren't the most organized, but you can make your game more efficient by knowing general strategies in different situations.

Good book to get you past just watching and playing the game. Helps you visualize the plays and understand the strategies. Good simple graphics to refer to.

Had a little bit of everything and a great help on some of the nuances on things like special times. At times not as advanced as expected. The samples and diagrams are going to be a fantastic teaching tool, and the way in which things are explained will help relate these strategies to players. Would definitely recommend it.

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